



*Lucia Andreatta*

Dr Lucia Andreatta  
Psychologist and Psychotherapist

**FOR COMPASSIONATE  
THERAPY TO HELP YOU DEAL  
WITH LIFE'S DIFFICULTIES**

A clinical psychologist and psychotherapist with 15 years of experience, I provide therapy for a range of psychological difficulties and stressful life events such as depression, stress and anxiety, relationship problems and life transitions. I also help clients cope with the emotional impact of health conditions.

Get in touch to discuss what is troubling you and to see how I can help.



I practice from  
convenient locations in

- Padua
- Milan
- London

[www.lucia-andreatta.com](http://www.lucia-andreatta.com)

Personal and professional experience has shown me that talking therapy can have a positive and profound impact on a person's wellbeing and quality of life.

When I work with clients, I aim to help them

- achieve clarity and greater self-awareness
- explore alternative ways of dealing with difficulties
- discover inner resources and creativity
- develop more helpful, fulfilling ways of relating to others
- improve their physical and psychological wellbeing

While qualifications and experience are very important, I've found that building a rapport with my clients can have an equally powerful impact on the outcome of therapy.

You can have confidence in my ability to work with you.

- My qualifications include a PhD in Clinical Psychology from Oxford University, an MSc in Clinical-Dynamic Psychology and a Postgraduate Diploma in Constructivist Psychotherapy
- I am registered with the British Psychological Society (BPS) and the Italian Order of Psychologists and Psychotherapists
- Before opening my private practice, I worked with a wide range of clients in the public, private and charity sectors
- I have experience working with expatriates, international students and people from different cultural backgrounds
- I favour a gentle yet direct approach to therapy and empower and support clients to help them overcome difficulties and achieve a better quality of life

I am a fluent English speaker. Remote therapy is available to existing clients.



Dr Lucia Andreatta  
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+39 349 6166227  
info@lucia-andreatta.com

Clinics:  
Via Trieste 23, 35121 Padua  
Via Sant'Andrea 7, 20121 Milan

[www.lucia-andreatta.com](http://www.lucia-andreatta.com)